



AUSTRALIAN MEDICAL AID FOUNDATION LTD. (AMAF)

'A body committed to providing medical aid'

ANNUAL REPORT

FOR THE YEAR ENDED JUNE 30, 2018



AMAF 2018



AUSTRALIAN
COUNCIL
FOR
INTERNATIONAL
DEVELOPMENT

A Member of Australian Council For International Development (ACFID)



WHO WE ARE

The Australian Medical Aid Foundation Ltd (AMAF) is a registered voluntary not for profit charitable organisation and a member of the Australian Council for International Development (ACFID). The AMAF is a collective that includes medical and non-medical volunteers who share a vision of restoring and providing basic health care for those in need. Our major focus has been on North East Sri Lanka, a country ravaged by three decades of war, economic deprivation and natural disasters like the 2004 Tsunami, recurrent droughts and floods.

Historically, this collective was born in 1996 to help those civilians caught in the ravages of the civil war. However, it was formally inaugurated in Sydney, Australia on the 10th of March 2001. The main task of the Foundation was to evaluate and intervene in the deteriorating health care crisis in the North East of Sri Lanka. The armed conflict had led to a significant deterioration in the provision of health services, impacting at all levels from primary to tertiary care. We strived to rebuild the health infrastructure of the region and maintain services by a multi-faceted approach. The experience garnered in providing relief and health services served the Foundation well during the Tsunami disaster of 2004. The Foundation discovered itself to be in an ideal position to mobilise resources, provide relief aid and restore health services rapidly after the Tsunami devastated the coastal regions of Sri Lanka.

Since the armed campaign ended in May 2009, our efforts have focussed on the rebuilding of medical infrastructure that would benefit the region in the long term. Working within the broader definition of Health as defined by the WHO we have carried out projects that encompass nutrition, physical, psychological and social wellbeing and rehabilitation.

OUR VISION

The establishment of an excellent and sustainable health care system, especially in North East Sri Lanka, by advancing the clinical, research, infrastructure and educational aspects of medical and allied health services.

OUR MISSION

To provide medical care, rebuild health care infrastructure, external support, generate financial aid and develop local expertise while fostering strong links with similar institutions at national and international levels towards achieving our vision.



Australian Medical Aid Foundation Ltd. (AMAF)

Annual Report for the year ended June 30, 2018

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AUSTRALIAN MEDICAL AID FOUNDATION Ltd. (AMAF)

ABN 91 130 857 715

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Development (ACFID)**

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ACFID
MEMBER

Board of Directors

Dr Pon Ketheswaran	Consultant Radiologist Director (NSW) / Chairman
Dr Vairamuttu Manomohan	Consultant Cardiologist Director (NSW) / President New South Wales
Dr Raj Pathmaraj	Consultant Ophthalmologist Director (VIC) / President Victoria
Dr Janani Thillainadesan	Consultant Geriatrician Director (NSW) / National Secretary
Mr Siva Sivakumaran	Certified Practicing Accountant Director (VIC) / National Treasurer
Dr Mylvaganam Sivakadadchan	General Practitioner Director (VIC)
Mr. Anton Selvakumaran	Manager, Clinical Engineering Director (VIC)
Mr Jey Jeyasothy	Certified Practicing Accountant Director (NSW)
Dr Chitra Harinesan	General Practitioner Director (NSW)
Dr Sathi Seevanayagam	Consultant Anaesthetist Director (VIC)

Australian Medical Aid Foundation Ltd (AMAF) is a member of the Australian Council for International Development (ACFID). The ACFID Code of Conduct (the Code) is a voluntary, self-regulatory industry code of good practice that aims to improve international development outcomes and increase stakeholder trust by enhancing transparency and accountability of signatory organisations. We, the directors of AMAF, hereby declare that our foundation fully adhered to the ACFID code of conduct.

Any member of the public who would like to raise any enquiry or complaint about our annual report, or conduct, or would like access to our full financial report, can contact us via email ausmedaid@gmail.com, website ausmedaid.org.au, or phone on 1300 990 828. There are also provisions available through ACFID website acfid.asn.au to lodge a complaint to the code of conduct committee of ACFID.



AMAF Chairman's Message

Dear Fellow directors and Members,

Year 2017-18 has been another successful year for the Australian Medical Aid Foundation (AMAF) in delivering medical, dental and public health aid to the people in North East Sri Lanka. As I regularly visit Sri Lanka, I have had the opportunity to inspect and be involved in the projects both directly and remotely from Sydney.

Our projects vary in locations within North East Sri Lanka, as well as in dollar value. The projects vary from a few thousand dollars to hundreds of thousands of dollars. AMAF's project planning, execution and evaluation comply with the rules and regulations of a standard company and Australian Council for International Developments (ACFID).

My three visits to North East Sri Lanka within a year opened up partnerships and better coordination with grass root organisations and individual community workers both in Government and non-government organisations (NGOs).

AMAF not only provides services to needy people in North East Sri Lanka but also provides **services to the local community in Australia**. The AMAF Junior branch has run events such as 'Health Science Information day', and public meetings and radio programs on a range of health topics relevant to our local community.

During this financial year (2017 to 2018) the main projects which we embarked on are:

- **School Dental Project in Mullaithevu district:**

This has been a signature project of AMAF. We established a comprehensive dental program for all school students in Mullaithevu district in partnership with Kilinochi Educational Development Trust. As an initial phase, we established a dental facility at Udaiyarkattu Mahavithyalayam. We appointed a part time dentist to screen the students on a regular basis. A government employed dental therapist regularly screens and treats the students. The students who need further treatment, are booked under the dentist for advanced therapy. We also provide toothpaste and toothbrush for each student. The teachers and students are regularly trained in brushing techniques. A digital dental X-ray unit was provided to Puthukkudiyoruppu Hospital this year. The dental X-ray unit in Mullaithevu hospital will be upgraded to be digital in the near future. The purchase of a dental van is also planned to start a mobile dental clinic for schools across the Mullaithevu district.

- **Second phase of 'Mahilaham' centres as part of the Psychosocial Project:**

1st phase: Established 14 Mahilaham centres in Jaffna and Vanni.

2nd phase: Provided financial support to publish a 'Psychosocial book' in Tamil for all the counsellors and master teachers in each school.

3rd phase: Provide ongoing training for selected teachers to be master teachers and counsellors in each school.

4th Phase: Establish Mahilaham centres in another 15 schools in Jaffna and Vanni region. This will be initiated by next year with the help of lessons learned from the pilot 'Mahilaham' centres in 2016.



- **Continue to provide anaesthetic equipment to Vanni Region:**

This year we donated two portable ventilators to Kilinochi and Vavuniya hospitals. We are planning to provide an anaesthetic machine to Mannar Hospital in the near future.

- **Upgrade of three facilities in Vavuniya Base Hospital:**

Though we agreed to carry out this project in the last financial year, in partnership with the local beneficiary we have made significant improvements to the planned project. Our visits and direct involvement are the key reasons for the changes, resulting in a large saving on project expenses.

We aim to upgrade equipment to the physiotherapy department, the morgue (body cooler) and the pharmacy (fridges, air conditioning, and shelving). This project will be undertaken in 2018/19.

We are currently facing a number of challenges:

1. Fundraising in a competitive environment and time: Substantial amount of funds are generously donated by the Sri Lankan Tamil community. As many of us travel to Sri Lanka more frequently, there is a move for individuals to spend and do projects on their own. There are also many organisations which are collecting funds for the same region. Therefore, we need to tap into crowd funding from mainstream Australians for donations, and have more partnerships with other NGOs. Our DGR status will help us to do so.
2. To encourage health professionals to visit North East of Sri Lanka to share their knowledge and experiences with their counterparts.

I am extremely happy that we obtained Deductible Gift Recipient (DGR) status for AMAF. AMAF continues to improve its project management system. This will be a key focus over the next few years. Already, the AMAF appointed Mr. Sothirajah as our Project Coordinator. With his management background, he is improving the process of project initiation, monitoring and successful completion. This ensures efficiency and good governance for AMAF projects in Sri Lanka.

We cannot function effectively and efficiently without the commitment of our members, volunteers and you, our donors. My special thanks to our AMAF team who have worked so hard during the year. At the same time thanks to all volunteers who have helped and supported AMAF. My sincere thanks to all our sponsors and donors who extended their financial support over the past several years. Let us resolve to continue to serve the needy people in North East Sri Lanka for many more years to come.

Yours sincerely,

Dr. Pon Ketheswaran MBBS, FRANZCR
Consultant Radiologist
The Chairman, AMAF



Highlights for 2017 - 2018

- **Lifesaving projects** AMAF purchased two portable ventilators (\$A25,000) for Kilinochi and Vavuniya hospitals which are being used to transport critically unwell patients to major hospitals for urgent treatment.
- **Investing in better care for children:** This year, AMAF contributed \$A12,220 (in addition to last year's contribution of \$A10,000) to assist Jaffna hospital purchase land in Inuvil which will be used for the building of a dedicated children's hospital.
- **Supporting the education and training of local medical staff** PROMPT workshops focused on training maternity staff in responding to obstetric emergencies have been rolled across 5 hospitals already using the AMAF donated resuscitation manikin (\$A8,000) to run the workshop.
- **Provision of essential equipment** In the last financial year AMAF donated 400 new and near new electrical hospital beds and hospital equipment which are now in use in hospitals across North East Sri Lanka. The delivered equipment has an estimated value over \$A 100,000
- **Ongoing funding of health care provision in remote regions:**
 - o Outreach Medical Program to remote villages in Batticaloa
 - o The employment of a visiting medical officer to provide essential health care services at the medical centre in the remote community of Thennamaravadi in Trincomalee
 - o Until AMAF and other NGOs stepped in recently, the very remote region of Pattalipuram was abandoned and lacked basic health care facilities. This financial year AMAF purchased essential medical equipment for the region's now revived medical centre.
 - o Bursary for disadvantaged medical students to continue their education in the university of Jaffna.



Annual Report 2018

This has been another productive year for AMAF. With greater stability in North East Sri Lanka, health care providers on the ground are better able to rebuild and grow the local health system. There is still a number of unmet health infrastructure and service needs. However, as the local system begins to independently maintain and fund the existing AMAF projects, AMAF can use its donations to meet these other needs. In the financial year of 2017/18 AMAF continued to support health care services in remote areas with three key projects "Project Pattalipuram", "Outreach medical services to remote areas of Batticaloa" and "Medical centre for the remote Thennamaravadi community".

AMAF continues to fund acute and emergency care projects that save lives. This year AMAF funded two portable ventilators for ambulances transporting ill patients from Kilinochchi and Vavuniya hospitals. Ventilators provide breathing support for critically unwell patients who cannot breathe on their own.

AMAF believes quality health care can only be delivered by skilled and knowledgeable practitioners. AMAF is committed to growing quality care by investing in essential equipment and training of staff. A vital training program supported by AMAF is the evidence-based PROMPT (PRactical Obstetric Multi-Professional Training) course. Melbourne doctors, Dr. V. Mayooran (obstetrician) and Dr. Sathi Seevanayagam (anaesthetist) paired with Dr. Saravananbavan (obstetrician, Tellippalai) to train maternity staff at Tellippalai, Vavuniya, Dickoya and Kilinochi Hospitals in responding to obstetric emergencies. AMAF donated the resuscitation manikin used to run this workshop. This international course has been associated with reduced perinatal mortality and complications. The staff in East and Hills district have also now requested these workshops. This life-saving training program has AMAF's ongoing support.

Since its formation in 1996, AMAF has remained committed to its vision to establish an excellent and sustainable health care system. The rebuilding of a health care system in a post-conflict situation requires patience to realise long-term results. In 2012/13 AMAF partnered with Melbourne based organisation Project-BEAP to build the much needed Accident and Emergency Trauma unit at Batticaloa Hospital. After overcoming a number of obstacles, AMAF are pleased to report the new Accident and Emergency Treatment Unit was opened in June 2018. This financial year, AMAF contributed \$A22,220 to assist Jaffna hospital purchase land in Inuvil which will be used for the building of a dedicated children's hospital. This is a valuable investment and AMAF patiently awaits the benefits that will flow to the local children and their families.

It is AMAF's philosophy to undertake work that prioritises meeting the needs of many, and also the most vulnerable individuals and communities in North East Sri Lanka. This year three of AMAF's board directors visited North East Sri Lanka and engaged directly with community leaders, health care staff and the local people. Based on local input AMAF has identified high priority projects for the coming year.

AMAF is an entirely volunteer-run charity with no paid staff. Every dollar generously given by our donors is spent in the best way possible on projects that provide high quality sustainable health care. AMAF is grateful to each of its donors and its partner charities including Rotary, Lions Club and the Pink Umbrella Foundation. With your ongoing support AMAF will continue its hard work to support health care projects that touch the lives of many across North East Sri Lanka.

Janani T

Dr Janani Thillainadesan
The National Secretary, AMAF



Projects Implemented in 2017/18

Projects funded during the financial year 2017/18 including ongoing projects and new projects, are detailed below. The expenditure by AMAF during 2017/18 is shown for the major projects.

1. DONATION OF MEDICAL EQUIPMENT

PORTABLE VENTILATORS TO TRANSPORT CRITICALLY UNWELL PATIENTS FROM KILINCHCHI AND VAVUNIYA GENERAL HOSPITALS (\$A 25,000)

There has been a huge increase in motor vehicle accidents in Sri Lanka, in particular along the A9 highway. Head and spinal injuries are common. There is only one neurosurgery unit in the Northern Province, located at Jaffna Teaching hospital. Patients with serious head injuries require ambulance transport to Jaffna Hospital for life saving brain surgery and monitoring. None of the ambulances belonging to the Provincial Ministry of Health were equipped with portable ventilators. These critically unwell patients who require ventilation while being transferred were manually ventilated by the accompanying staff during the entire journey. **AMAF purchased two portable ventilators for Kilinochi and Vavuniya hospitals.** These ventilators have already been used to help save the lives of critically unwell patients. **Local ambulance and medical staff have reported that the ventilators are serving as life savers.**

OBSTETRIC EQUIPMENT FOR TELLIPPALAI BASE HOSPITAL (\$A 9,800)

Following a request from Tellippalai consultant obstetrician, Dr. Saravananbavan, AMAF purchased a vacuum extractor, CTG machine, and labour delivery bed for the maternity unit at Tellippalai hospital. These are essential basic equipment to monitor and safely deliver babies.



Donated labour delivery bed for the maternity unit at Tellippalai hospital



HOSPITAL BEDS TO JAFFNA HOSPITAL

In partnership with the Rotary Club of Geelong (Victoria) and Rotary Donations In Kind (NSW), we organised and funded the shipment of 400 donated electrical beds and several wheelchairs to Northern Sri Lanka, with some of the beds shared with Kalmunai and Kaththankudi hospitals in the Eastern Province.



AMAF funded the transport of 400 donated new and near new electrical hospital beds

DONATION OF PORTABLE ULTRASOUND MACHINES

It is not easy for patients living in Vanni and the remote parts of Northern Sri Lanka to access hospital services in a timely manner. The local obstetrics and gynaecology service at Jaffna and Tellippalai hospitals run an outreach service but lack basic ultrasound facilities. Two high quality portable ultrasound machines were donated by the Pink Umbrella Foundation and a local gynaecologist in Melbourne. AMAF organised the delivery of these machines to the obstetrics and gynaecology units at Tellippalai and Jaffna hospitals.



This is a portable obstetric ultrasound donated by a group from Melbourne. This is currently in use at the obstetrics and gynaecology outpatient department at Jaffna Teaching Hospital and is in good use.



PORTABLE DENTAL X-RAY FOR PUTHUKKUDIYIRUPPU HOSPITAL (\$A 5,000)

A portable dental X-ray was purchased in Australia in May 2018 and donated to Puthukkudiyiruppu Hospital in July 2018. This will help the local dental service provide better dental care.



Handover ceremony of Digital Dental X-ray unit to Puthukkudiyiruppu Hospital, with the President of Kilinochi Educational Developmental Trust, Dr. T. Sathiyamoorthy, Dr. Poongothai (RDHS – Mullaithevu) and on behalf of AMAF, Dr. Pon Ketheswaran (Chairman), Dr. Ravi (key member of AMAF's dental program) and Mr. A. Nimalendran (AMAF member).

PURCHASE OF UROLOGY LAPAROSCOPIC INSTRUMENTS FOR JAFFNA HOSPITAL

This financial year, AMAF made the balance final payment for the much-needed urology laparoscopy system donated to the Genitourinary Surgical Unit at Jaffna Hospital. The total cost for this laparoscopic set was \$A 30,000. This is the first and only such unit in the Northern Province, serving more than a million people. Additionally, Australian urologists donated their time and expertise to train local staff in operating the equipment.



2. SUPPORTING EDUCATION, TRAINING AND RESEARCH

DIABETIC WORKSHOP FOR DOCTORS AND NURSES

AMAF completed its payment for a series of **diabetes education workshops for doctors and nurses** working in the Northern Province. Diabetes and its complications are a major health problem in North East Sri Lanka.

MEDICAL LABORATORY TECHNICIAN FOR PATHOLOGY LABORATORY – TELLIPPALAI HOSPITAL (\$A 5,200)

In 2015, AMAF donated Rs.6.0 million worth of state-of-the-art pathology equipment. The equipment has been in good use at Tellippalai Base Hospital with over 300 procedures a day. It is a vital service for this hospital which has a new comprehensive cancer centre with a population coverage of nearly two million. AMAF came forward to **urgently fund the salary of a temporary laboratory technician** for 6 months, as the existing technician was going on maternity leave.

FUNDING OF PRE-INTERNS IN KILINOCHI AND MULLAITHIVU DISTRICT PAYMENT TO PRE-INTERN PROJECT (\$A 11,000)

Final payments for AMAF's long standing pre-intern program were made in 2017/18. AMAF commenced this program in 2011, by employing 6 pre-interns awaiting placement to work in the remote area of Kilinochchi. These areas lacked proper triaging or a stabilisation facility for acutely ill patients. The Ministry of Health of Northern Provincial Council have sustained part of the program by employing two relief doctors in the Mullaitivu district. **AMAF hopes the Ministry of Health maintains the funding for this valuable established service for these regional areas.**

PUBLIC HEALTH RESEARCH ON INDIVIDUALS LIVING WITH A DISABILITY

In 2015/16, AMAF purchased 50 Samsung Galaxy tablets for the Ministry of Health of Northern Province's project involving collection of data on the number of individuals with disabilities and their needs. This financial year, AMAF donated funds to employ a pre-intern for 6 months to assist with data collection and analysis. This research will **help the local government undertake social planning and develop targeted services for those with disabilities and vulnerable women.**

PROMPT WORKSHOPS – SAVING MOTHERS AND BABIES

The second phase of the PROMPT workshops was rolled out successfully this year. The PROMPT course is an internationally established course that trains maternity staff in managing obstetric emergencies. **AMAF purchased the manikin (\$A 8,000) that is being used to train the local doctors and nurses in infant cardiopulmonary resuscitation.** AMAF volunteers did three trips over 18 months to train the local obstetric and midwifery staff to manage obstetric emergencies to improve maternal and infant outcomes. Part of the programme also includes training in obstetric ultrasound scanning to enable early intervention. In two years, workshops have been run in Tellippalai, Vavuniya, Dickoya (Nuwera Eliya) and Kilinochi Hospitals. The local staff in East and Hills district have also now requested these workshops.





PROMPT workshop for local maternity staff at Dickoya Base Hospital, Nuwara Eliya in August 2018

ONGOING FINANCIAL BURSARIES TO DISADVANTAGED DISPLACED MEDICAL STUDENTS - UNIVERSITY OF JAFFNA

AMAF has continued to support disadvantaged, war-affected medical students from Vanni since 2009. A total of 23 medical students from disadvantaged background received monthly bursaries from AMAF during their entire medical degree, have already qualified and now they are serving as doctors mainly in the North East of Sri Lanka. This initiative was run by the Medical student Union in the past.

At present, AMAF is supporting 21 disadvantaged medical students. They receive Rs. 4000 per month to support their needs during the undergraduate degree. This project is now run by the Welfare department of the University of Jaffna.



3. COMMUNITY AND PUBLIC HEALTH PROJECTS

SCHOOL-BASED DENTAL PROGRAM - MULLAITHIVU DISTRICT (\$A 14,800)

This is one of AMAF's key ongoing public health initiatives. The program is well established in the Mullaithivu district and serves all school students. AMAF funds the employment of a dentist, a dental therapist and a dental assistant. The program has been supported by young enthusiastic local Australian dentists. This year, Dr. S. Ramesh, Dr. Ravi and a Melbourne dentist, Dr Arshia Singh visited Mullaithivu and provided dental services.

DRUG AND ALCOHOL ABUSE PREVENTION CAMPAIGN (\$A 28,000)

This is an ongoing project in partnership with Rotary and Lions Club in Sri Lanka. AMAF provides ongoing funding for a public health campaign to raise awareness about the dangers of alcoholism and substance abuse amongst the youth population across Northern Sri Lanka. There has been an alarming increase in alcohol and illicit drug use among several youths in North East Sri Lanka. The alcohol and drug awareness program is aimed at school children aged 15 to 19 years and has been rolled out at selected central locations including Jaffna, Kilinochi and Vavuniya. 'Train the Trainer' programme for selected officials from Public Health Inspectors Service, teachers and students from various part of the province were also implemented.

This program has been rolled out to Batticaloa in this financial year with the help of Rotary and Lions Club in Sri Lanka. At the same time, they conducted reinforcement sessions in Jaffna. In the future, the program will be initiated in Vanni/Vavuniya region with regular reinforcement sessions in Jaffna and Batticaloa.



During the workshop in 'prevention of drug abuse and HIV/AIDS'



PSYCHOSOCIAL MENTAL HEALTH BOOK (\$A 10,700)

As part of AMAF's highly successful "Children's Psychosocial Project", this financial year AMAF donated money to fund the printing of the Child Mental Health book for distribution to schools via the Department of Education. This will be an invaluable tool for Teacher Counsellors and other teachers to screen and refer children at risk of mental illness.

The launch of the book was held in Jaffna public library on 28/01/2018. The Chief Minister Northern Provincial Council, Mr. C. V. Vigneswaran honoured the event as chief guest. The Santhiyam invited the AMAF's Chairman, Dr. Pon Ketheswaran as special guest and to receive the 1st copy from the Chief Minister.



AMAF Chairman received 1st copy of the book from the Chief Minister, Mr. C. V. Vigneswaran



4. HEALTH SERVICES FOR REMOTE POPULATIONS

MEDICAL CENTRE FOR A REMOTE COMMUNITY IN THENNAMARAVADI (\$A 3,100)

This is an ongoing project. In the financial year 2015/2016, AMAF funded the establishment of a medical centre within the newly built community centre in the remote community of Thennamaravadi in Trincomalee. AMAF is currently funding the employment of a visiting medical officer and a nurse to provide essential health care services including antenatal, neonatal, paediatric, diabetic and general medical care. The expatriates of the village are now collecting funds to build a small hospital for the area.

PROVIDING OUTREACH MEDICAL SERVICES TO REMOTE AREAS OF BATTICALOA (SRI SATHYA SAI SEVA) (\$A 5,200)

This is an ongoing project since 2017, when AMAF was asked to urgently fund a well-established outreach medical program that had lost its previous funding to continue providing medical services to the villagers in the remote regions of Batticaloa. A team of medical specialists including a dental surgeon, gynaecologist and obstetrician have been visiting these remote villages every 6 to 8 weeks. AMAF continues to support this service by funding the transport and medication expenses.

PROJECT PATTALIPURAM (\$A 4,200)

This was an essential project that was identified last financial year, and funding for this project was immediately initiated in July 2017. Following a call for help from a local villager in 2017, AMAF Chairperson, Dr Ketheswaran, visited the abandoned area of Pattalipuram located in the remote parts of Trincomalee. There he saw and heard the local villagers' experiences of death, blocked access to schools, and property destruction due to wild elephants, lack of water, and lack of medical care. More than 90% of these villagers are Aboriginals (Adivasis). AMAF has worked closely with the Provincial health ministry to prioritise health care funding for this neglected region and its surrounding villages. **A small medical centre was built in 2011 by UNICEF, but no doctors were appointed until AMAF intervened in July 2017.** A doctor from Muthoor visited this clinic in 2016 for 2-3 months (once or twice a month). A midwife's clinic is now running twice a month. Doctors from Trincomalee also came forward to work at the medical centre twice a week. Thus, AMAF has donated essential medical equipment including nebulisers, a refrigerator, autoclave, wheelchair, dressing trolley and a medicine trolley, all worth Rs. 500,000. AMAF are pleased to report a permanent doctor was appointed to Pattalipuram in January 2018.





5. INFRASTRUCTURE FOR BETTER HEALTH CARE

INUUIL HOSPITAL LAND PURCHASE FOR NEW CHILDREN'S HOSPITAL (\$A 22,200)

This financial year AMAF contributed \$A22,200 to assist Jaffna hospital purchase land in Inuvil which will be used for the building of a dedicated children's hospital. This is an enormous project with a great vision to provide excellent paediatric care through dedicated state of the art facilities.

PROJECT BEAP BATTICALOA

In 2012/13 AMAF partnered with Melbourne based organisation Project-BEAP to build the much-needed Accident and Emergency Trauma unit at Batticaloa Hospital. After overcoming a number of obstacles, AMAF are pleased to report the new Accident and Emergency Treatment Unit was ceremonially declared open by the Hon Minister of Health, Nutrition & Indigenous Medicine of the Sri Lankan Government, 17th June 2018. AMAF contributed A\$20,000 for this project.

This is a three-storey building, with provision for two more storeys at a later stage. There is a triage centre, a room for decontamination from burns, a room for treatment of patients who have suffered from poisoning, a room for treatment of those suffering from dog bites (rabies prevention), a Resuscitation Unit with 6 beds, a treatment room for general casualties, a procedure room, and Radiology and Imaging rooms, which will house the ultrasound machine and CT Scanner when delivered.

On the first floor are short stay wards for both male and female patients. The wards can accommodate 60 beds. On the third level are the three operating theatres.



AMAF JUNIOR BRANCH (NSW) and Local Activities in Australia

Established in 2013, the AMAF Junior branch is a unique body of junior health professionals from medicine and allied health. It unites them with a shared vision of supporting the main AMAF branch's vision to provide equitable health care in the North and East of Sri Lanka, whilst also focusing on efforts locally (Australia). The Junior branch's local projects focus on Health Promotion for Tamils living in Australia, as well as education, advocacy and support for junior health professionals. These aims were achieved in 2018 with the following events:

Support for the main AMAF Branch

- Participation and support in the Annual Charity Radiothon
- Assistance at Muththamil Maalai 2018 with event support as well as cast
- Maintenance of AMAF's social media presence through Facebook

Education, Advocacy and Mentorship

- Welcome BBQ for new health professional students
- UMAT and Health Careers Information Day for high school students
- Internship preferencing afternoon for final year medical students
- Medical Student Clinical Skills Examination Preparation workshop for medical students across Sydney



Health Promotion

- Diabetes Health Expo (in Tamil, நீரிழிவு) - An interactive workshop attended by 84 Australian Tamils. Specialists in endocrinology and nephrology provided insight into the complications and management of diabetes specific to our Tamil population. Allied health professionals gave insight into healthy practices we can incorporate every day.



2019 will see further support to the AMAF main branch and events in education, health promotion and networking.



FUTURE PROJECTS

DELIVERY OF A STATE-OF-THE-ART DENTAL VAN

AMAF have received a project proposal for a mobile dental van to provide dental care to students in the remote areas of Mullaithivu. This will build on the work of the very successful school-based dental project which is already funded by AMAF.

PURCHASE OF A DIGITAL COMPONENT TO THE EXISTING DENTAL X-RAY UNIT IN MULLAITHEVU HOSPITAL

Following our donation of a digital dental unit to Puthukkudiyiruppu Hospital, the Mullaithivu RSHS, Dr. Poongothai requested the digital component to the existing dental X-ray unit. This unit is also used for the school dental project in Mullaithivu.

ESSENTIAL UPGRADE OF FACILITIES AT VAVUNIYA DISTRICT HOSPITAL

Three key requests were made to AMAF following AMAF Board director, Dr Manomohan's visit to Vavuniya hospital this year where he directly saw the delapidated state of many parts of the hospital. AMAF plans to fund the:

- Upgrade of the pharmacy – installation of air conditioning and shelving for drug storage.
- Fund a multi-drawer cooler system for the mortuary which currently has two body coolers that do not function.
- Donate equipment to upgrade the physiotherapy unit for which there is a great need. The equipment at present is very basic.

ANESTHETIC MACHINE FOR MANNAR HOSPITAL

Following a request from Dr. Ketheeswaran (PD, Health Ministry, NPC), AMAF is planning to donate an anaesthetic machine for Mannar hospital.

15 NEW 'MAHILAHAM' CENTRES UNDER THE PSYCHOSOCIAL PROJECT

AMAF will establish Mahilaham centres in another 15 schools in Jaffna and Vanni region. This will be initiated by next year with the help of lessons learned from the pilot 'Mahilaham' centres in 2016.



MONITORING, EVALUATION AND LEARNING

Project Monitoring:

Initially, when we receive a request for funding we request the root NGO or the authorised body to submit a completed 'Project request form' with relevant documents, plans, photos or minimum of three quotations for AMAF's funding. The request is then submitted to the board meeting for discussion and approval.

Once the project is approved, we inform the NGO about the approval with any conditions attached. When they are ready to initiate the project, we send up to 50% of the funds upfront. We request them to submit 3-6 monthly report, photos and videos. We correspond with them via email, phone calls, SMS, whatsapp and direct visits. When we visit the facility, we speak to the manager, other associates and beneficiaries (mainly patients) about the project and benefits. With permission, we take photos and videos of the project and facility when our members visit. AMAF appointed a 'Project Manager' last year to coordinate the projects from Sri Lanka. This year, we also prepared and updated the project request form, project progress form and project completion form.

We have a network of volunteers, medical colleagues and members of NGOs who help us monitor the projects. If we have any issue with the root NGO or client, we ask one of those associates to inquire or visit and gather information, photos or videos to inform us of the real situation. When we receive a progress report, photos and videos, we initially share them with our board members via email and other social media. At an appropriate time or occasion, we share the information, photos and video publicly with our donors and well-wishers via email, internet and Facebook.

Evaluation:

We receive progress reports, independent reports, photos and videos during the visits by our members. We share these within the board directors and seek their feedback. We regularly discuss the progress of projects at board meetings. If the project is progressing smoothly, we send an encouragement note. If we find any issue with funds, timeframe, quality and delivery, we make an inquiry to the client to 'please explain'. If we are satisfied with their explanation, we continue to monitor the progress closely. If we find the explanation inadequate, we take action against the client, as:

1. Temporary suspension of further funding until the issue is resolved.
2. Request an independent expert to analyse the situation and help them to resolve the issues.
3. We bring more support to make the project a success.
4. If everything fails, we will wind up the project.
5. We give a warning to the client for future projects with more strict guidance and rules.

Learning:

There are things to learn in every project. If the project goes well, we confirm and adopt the same strategies and plans for similar projects. If the project fails, we analyse the issues which made the project fail. We will also make sure that the approval process is vigorous and professional. We also discuss with the clients and beneficiaries about how we could have done it better. We document all the issues (positive and negatives) as to inform the board members and other active members to learn from the past.



2017– 2018 Financial Summary and Review

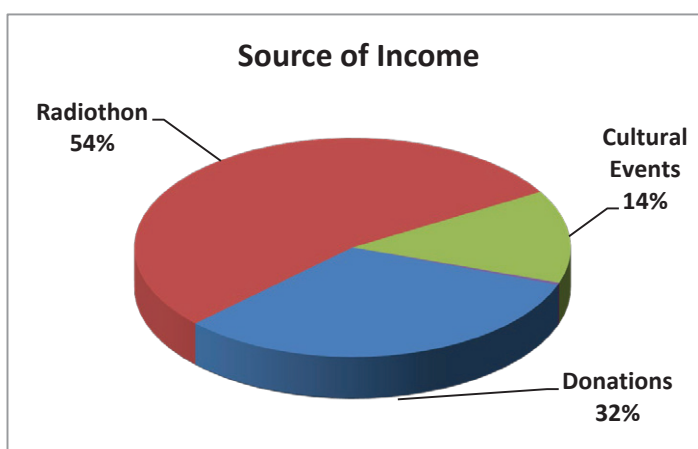
All Figures in Australian Dollars

Australian Medical Aid Foundation Ltd (AMAF) recorded an overall surplus of \$A 57,803 due to increase in Revenue and decrease in expenses incurred on International Programme.

REVENUE

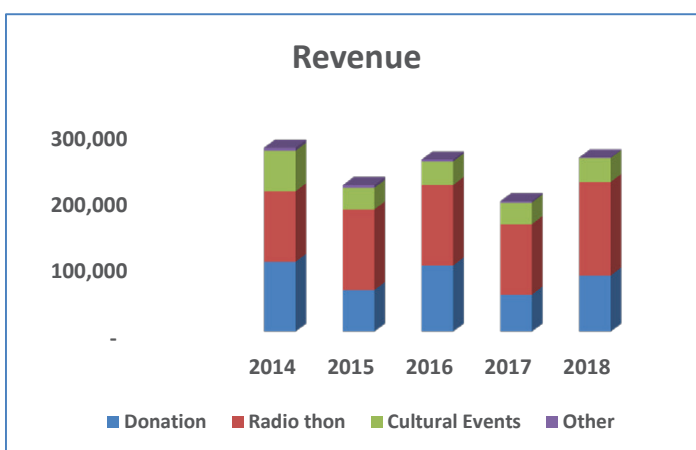
Total Revenue increased by 34% primarily due to increase in donation receipts of 52% and Radiothon Revenue of 32%.

WHERE THE MONEY CAME FROM	\$A
Community & Corporate Support	
Donations	84,148
Radiothon	140,288
Cultural Events	35,833
Other Income	826
Total Income	261,095



5 Year Revenue Trend

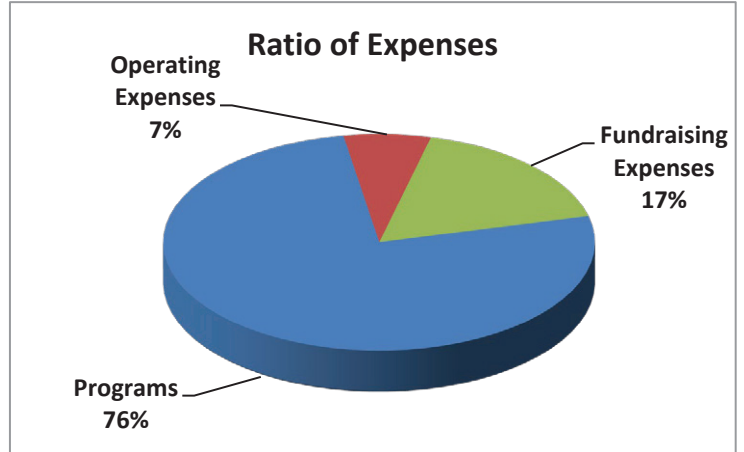
2014	275,750
2015	219,653
2016	257,942
2017	195,502
2018	261,095



EXPENDITURE

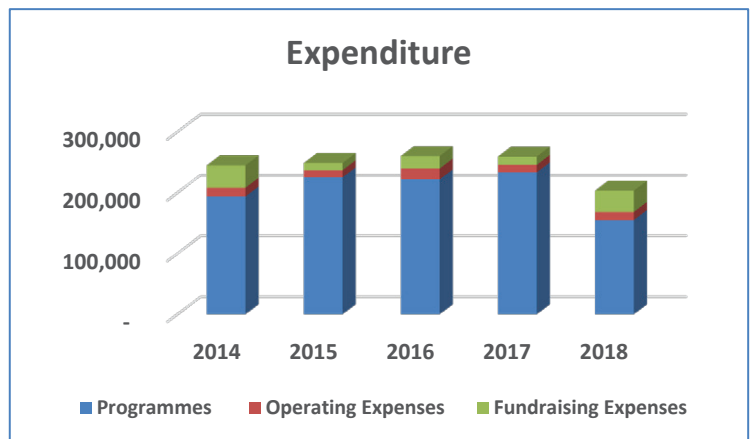
Total expenditure was below compared with prior year with the Program expenditure decreasing by 34%. With request for funding for additional projects increasing, we anticipate Program expenses to increase in the future.

HOW THE MONEY WAS SPENT	\$A
Programs	154,957
Operating Expenses	13,264
Fundraising Expenses	35,071
Total Expenses	203,292

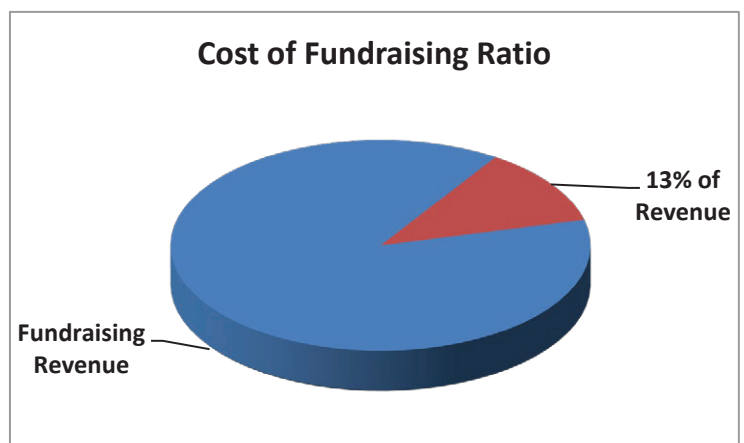


5 Year Expenditure Trend

2014	244,779
2015	248,593
2016	260,057
2017	259,217
2018	203,292

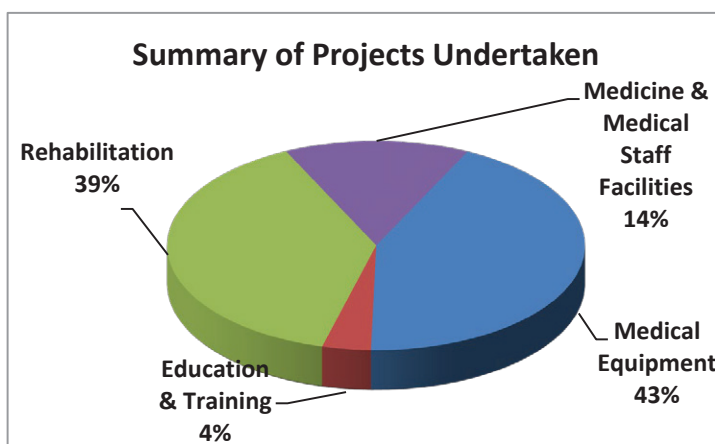


FUNDRAISING EXPENSES / REVENUE	\$A
Fundraising Revenue	260,269
Fundraising Expenses	35,071



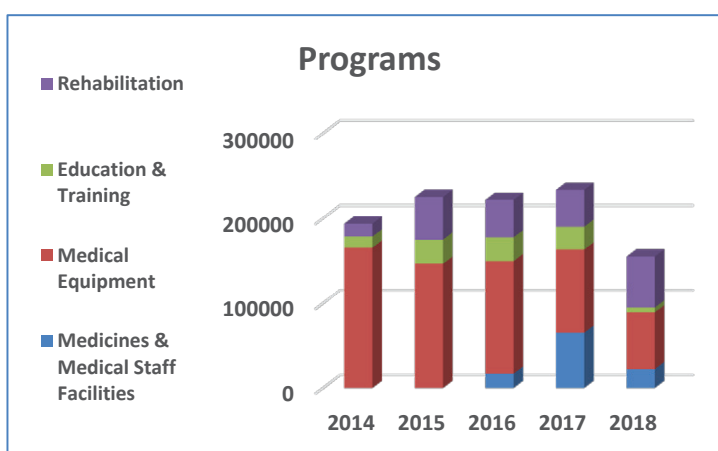
WHERE THE PROGRAMME MONEY WAS SPENT

	\$A
Medical Equipment	66,908
Education & Training	5,830
Rehabilitation	59,997
Medicine & Medical Staff Facilities	22,222
Total Program Expenses	154,957



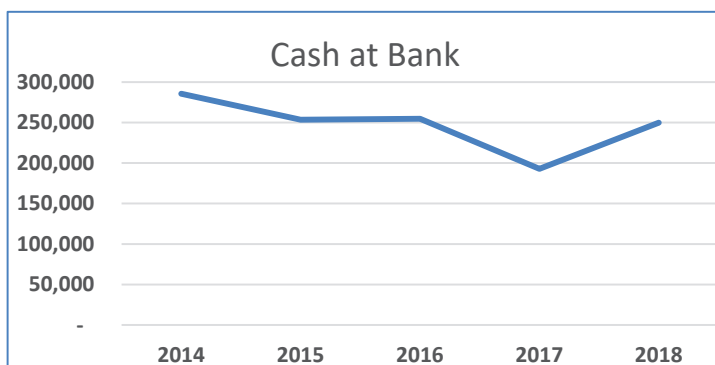
5 Year Programme Expenditure Trend

2014	193,667
2015	225,085
2016	221,742
2017	233,407
2018	154,957



CASH AT BANK

2014	285,634
2015	253,542
2016	254,794
2017	192,860
2018	249,866



"Program" includes expenditure incurred on all our projects

"Fundraising Expenses" are costs associated with attracting more support through donations and sponsorships and includes expenses incurred to raise funds through cultural events and Radio Thon

"Operating Expenses" covers the administrative and other costs inherent in running an organisation including insurance, telephone, professional fees and other running costs



AUSTRALIAN MEDICAL AID FOUNDATION LTD (AMAF)

STATEMENT OF COMPREHENSIVE INCOME

For the year ended June, 30 2018

	2018	2017
	\$A	\$A
REVENUE		
Community and Corporate Support		
- Donations and gifts	224,436	161,294
Grants		
Other Income	36,659	34,208
Total Revenue	261,095	195,502
EXPENDITURE		
International Aid and Development Programme Expenditure		
International Programme		
- Funds to International Programme	154,957	233,407
Fundraising Costs		
- Public	35,071	13,548
Accountability & Administration	13,264	12,262
Total International Aid and Development Programme Expenditure	203,292	259,217
Net surplus (deficit) of income over expenditure	57,803	(63,715)

During the financial year 2018 and 2017, AMAF had no transactions for international political or religious proselytisation programs. Further, no non-monetary donations, gifts, legacies or bequests were recorded in 2018 and 2017

The accompanying notes form part of these financial statements.

(To request a copy of the full audited financial report for the year ending June 30, 2018, please write to: Australian Medical Aid Foundation, PO Box 226, Glen Iris, Victoria 3146)



AUSTRALIAN MEDICAL AID FOUNDATION LTD (AMAF)

STATEMENT OF FINANCIAL POSITION

As at June 30, 2018

	2018 \$A	2017 \$A
ASSETS	-	-
Current Assets		
Cash & cash equivalents	198,080	141,900
Other interest bearing deposits	51,786	50,960
Trade & other receivables		575
Total Current Assets	249,866	193,435
Non Current Assets		
Property, plant and equipment	712	
Total Non Current Assets	712	0
TOTAL ASSETS	250,578	193,435
LIABILITIES		
Current Liabilities		
Trade and other payables	2,613	3,273
Provisions	2,000	2,000
Total Current Liabilities	4,613	5,273
TOTAL LIABILITIES	4,613	5,273
NET ASSETS	245,965	188,162
EQUITY		
Membership Contribution	22,500	22,500
Retained Earnings	223,465	165,662
TOTAL EQUITY	245,965	188,162

At the end of the financial year AMAF had no balances in the following categories; Inventories, Assets held for sale, Investments, Property, Intangibles, Borrowings, Current Tax Liabilities and Other Liabilities

The accompanying notes form part of these financial statements.

(To request a copy of the full audited financial report for the year ending June 30, 2018, please write to: Australian Medical Aid Foundation, PO Box 226, Glen Iris, Victoria 3146)



AUSTRALIAN MEDICAL AID FOUNDATION

STATEMENT OF CHANGES IN EQUITY

For the year ended June 30, 2018

	Retained Earnings	Membership Contribution	Total
Balance as at July 1, 2017	165,662	22,500	188,162
Membership Contribution			
Excess of Revenue over Expenses	57,803		57,803
TOTAL	223,465	22,500	245,965

Cash Movements for the year ended June 30, 2018

Funds raised for	Cash available at the beginning of the financial year	Cash raised during the financial year	Cash disbursed during the financial year	Cash available at the end of financial year
Medical & Medical Staff Facilities	5,718	60,000	22,222	43,496
Medicines & Medical Equipment	25,892	75,000	66,908	33,984
Education, Training & Support	57,980	20,000	5,830	72,150
Rehabilitation & Health Care	59,143	50,000	59,997	49,146
Total for other non designated purposes	44,128	56,095	49,132	51,091
TOTAL	192,860	261,095	204,089	249,866



AUSTRALIAN MEDICAL AID FOUNDATION LTD (AMAF)

NOTES TO FINANCIAL STATEMENTS

The concise financial report is an extract of the full financial report for the year ended 30 June 2018. These summary financial reports comply with the standards set out by ACFID Code of Conduct. For further information on the Code please refer to the ACFID Code of Conduct Guidance Document available at www.acfid.asn.au

	<u>2018</u>	<u>2017</u>
Note 1		
<u>FUND RAISING ACTIVITIES:</u>		
Radiothon	140,288	105,941
Donations	84,148	55,353
Cultural Events & Other	36,659	34,208
Total Revenue	<u>261,095</u>	<u>195,502</u>
Note 2		
<u>International Program</u>		
Medicine & Medical Staff Facilities	22,222	65,053
Medical Equipment	66,908	98,078
Education, Training & Support	5,830	26,956
Rehabilitation	59,997	43,320
Total International Program	<u>154,957</u>	<u>233,407</u>



AUSTRALIAN MEDICAL AID FOUNDATION LIMITED
ABN 91 130 857 715

DIRECTORS' DECLARATION

In the opinion of the directors of Australian Medical Aid Foundation Limited:

- (a) the financial statements and notes, set out on pages 5 to 12, are in accordance with the *Corporations Act 2001* and the *Australian Charities and Not-for-profit Commission Act 2012* including:
- (i) giving a true and fair view of the Company's financial position as at 30 June 2018 and of its performance for the financial year ended on that date; and
 - (ii) complying with Accounting Standards in Australia – Reduced Disclosure Requirements, the *Corporations Regulations 2001*, the *Australian Charities and Not-for-profit Commission Act 2012*; and
 - (iii) complying with ACFID Code of Conduct for non-governmental development organisations
- (b) there are reasonable grounds to believe that the Company will be able to pay its debts as and when they become due and payable.

Signed in accordance with a resolution of directors:



Director



Director

Melbourne, 31st October 2018



REPORT OF THE INDEPENDENT AUDITOR ON THE SUMMARY FINANCIAL STATEMENTS TO THE MEMBERS OF AUSTRALIAN MEDICAL AID FOUNDATION LIMITED

The accompanying summary financial statements, which comprises of the summary statement of financial position as at 30 June 2018, the summary statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows are derived from the audited financial report of Australian Medical Aid Foundation Limited for the year ended 30 June 2018. We expressed a qualified auditor's opinion on that financial report in our report dated 31 October 2018.

The summary financial statements do not contain all the disclosures required by Australian Accounting Standards for the financial report. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial report of Australian Medical Aid Foundation Limited.

Board members' responsibility for the financial report

The members of the board are responsible for the preparation of a summary of the audited financial report in accordance with the Australian Accounting Standards (including the Australian Accounting Interpretations) the Australia Council for International Development (ACFID) Code of Conduct.

Auditor's responsibility

Our responsibility is to express an opinion on the summary financial statements derived from the audited financial report of Australian Medical Aid Foundation Limited based on our procedures, which were conducted in accordance with Auditing Standard ASA 810 *Engagements to Report on Summary Financial Statements*.

Qualified opinion

In our opinion, the summary financial statements derived from the audited financial report of Australian Medical Aid Foundation Limited for the year ended 30 June 2018 are consistent, in all material aspects, with the financial report from which it was derived. For a better understanding of the scope of the audit, this auditor's report should be read in conjunction with our audit report on the financial report.

LDAssurance
Chartered Accountants



Stephen O'Kane
Partner

Dated: 31 October 2018

Donation! Why choose us?

Australian Medical Aid Foundation (AMAF) makes every effort to utilise your donation in the most efficient way. With no paid employees, we rely on our volunteers who dedicate their time to AMAF. We have made it a priority that our administrative expenses are kept to a bare minimum. For example, if members were to travel overseas to implement projects we encourage them to use their own funds. With the calibre of the volunteers we have had, implementing these strategies has been easy.

As you are aware, funding activities take up significant amounts of time. Fortunately, with the help of many dedicated volunteers we have been able to host various fundraising community functions with great success. Boasting substantial expatriate medical fraternity, it is inconceivable to remain idle and expect someone else to step in and provide medical aid to a large traumatised population. To carry out our projects in an uninterrupted fashion, to free up our volunteers from fundraising activities and to concentrate on implementing effective projects, we earnestly ask you to consider AMAF as your preferred charity organisation.

Please mark our annual Good Friday Appeal Day, which will be held on 19th April, 2019, on your calendar and donate generously.

We hereby affirm that we will continue to play a vital role in improving medical care to the war affected regions of Sri Lanka. Together we can make a difference.

Board of Directors of AMAF





AUSTRALIAN MEDICAL AID FOUNDATION Ltd. (AMAF)

ABN 91 130 857 715

Phone: 1300 990 828

Email: ausmedaid@gmail.com

Facebook: www.facebook.com/AustralianMedicalAidFoundation/

Web: www.ausmedaid.org.au



ACFID
MEMBER

AMAF is registered as a charitable organisation in Australia and is a member of the Australian Council for International Development (ACFID)

Yes, I would like to support AMAF Projects

Family Name:

Given Name:

Address:

Suburb: State: P/Code:

Contact Phone #:

Email:.....

I wish to pay by: Cheque / Money order: Payable to Australian Medical Aid Foundation

Credit Card: Please charge my credit card: Visa / Mastercard

Donation: Amount: \$.....(Min \$25.00) (Please do not send cash)

All donations of \$2 and over are tax deductible.

Card Holder's Name:

Card Number: / / /.....

Expiry date:/

Card Holder's Signature:

THANK YOU FOR YOUR SUPPORT

TOGETHER WE CAN MAKE A DIFFERENCE

Please post the completed form to:

AUSTRALIAN MEDICAL AID FOUNDATION Ltd. (AMAF)

P.O.Box 226, GLEN IRIS, VIC 3146, AUSTRALIA



Five Ways YOU Can Get Involved and MAKE A DIFFERENCE

1. **VOLUNTEER....**Opportunities are available that are sure to match your knowledge, skill set, interests and experience.
2. **MAKE A FINANCIAL GIFT...to AMAF PROJECT** to help fund the delivery of desperately needed medical supplies and equipment to hospitals and clinics.
3. **DONATIONS** of medical equipment...from your hospital, clinic or surgery. Contact AMAF to learn more about our Medical Equipment Donation Program.
4. **PARTICIPATE** in a health information program...to disseminate important health information to people from non-English speaking background.
5. **SPREAD THE WORD...tell others** in your network and community about our work.

Connect with us on

our web page www.ausmedaid.org.au

and Facebook page <https://www.facebook.com/AustralianMedicalAidFoundation>





AUSTRALIAN MEDICAL AID FOUNDATION LTD. (AMAF)

'A body committed to providing medical aid'

Together we can make a difference